



HealthyBodyHealthyLife  
with *Melissa Koerner*

# Mercury Amalgam Filling Resources



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The nutrition, exercise, and health information and activities described in this book were developed by the author and are to be used as an adjunct to improved health, fitness, and weight-loss. These programs may not be appropriate for everyone. All individuals, especially those who suffer from any disease or are recovering from any injury, should consult their physicians regarding the advisability of undertaking any of the activities suggested in these programs. The author has been painstaking in her research. However, she is neither responsible nor liable for any harm or injury resulting from this program or the use of the exercises or exercise devices described herein.

## Mercury Amalgam Filling Resources

Article - Still Carrying Mercury Next to Your Brain?:

<https://articles.mercola.com/sites/articles/archive/2011/09/04/mercury-poisoning-from-silver-fillings.aspx>

Article - Europeans Face Same Hurdles as Americans in Banning Mercury Amalgam:

<https://articles.mercola.com/sites/articles/archive/2015/05/09/mercury-dental-fillings.aspx>

Video - Smoking Teeth:

<https://www.youtube.com/watch?v=GXB2AzqCjTE>

Interview – Holistic Dentist Dr. Jean Nordin Evans of Groton Wellness:

<https://www.youtube.com/watch?v=N6oGTfvNgcE>

Hal Huggins Association - Providing solutions and resources for mercury toxicity:

<http://www.hugginsappliedhealing.com/>

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